

# The Mental Health in the Curriculum project

Case study 2



# Wellbeing in Learning Design

- Including wellbeing in the Learning Design offer
- Advising on wellbeing in learning and assessment
- Considering wellbeing in module structure planning



#### **Barriers**

- Module design considerations tend to focus on retention and outcomes
- Wellbeing is part of this; it needs to be considered systematically as part of this in equitable learning and assessment design.

#### Solution

- Embedding wellbeing in the Learning Design team core expertise offer
- Discussing wellbeing in Learning Design workshops with module teams
- Including wellbeing in the Learning Design module structure model

## **Approach**

- Identifying design considerations from research
- Checking these with students on the Curriculum Design Student Panel
- Aligning considerations with other research
- Creating and promoting a holistic model for equitable learning design

### Next steps

- Testing the model with module teams
- Feeding into working and steering groups
- Evaluating academic responses and student outcomes
- Iteratively refining the approach