

The Mental Health in the Curriculum project

Case study 7



Teacher development

- Training on embedding wellbeing in curricula
- A 10-credit micro-credential on FutureLearn
- Designed for teachers, lecturers and other educators



Barriers

Teachers, lecturers and educators in different contexts need professional development in how they can embed wellbeing into curricula and make their teaching practice inclusive for students with mental health issues.

Solutions

An accredited, professional development micro-credential, suitable for educators in a variety of contexts, on how mental wellbeing can be embedded in curricula and learning,

Approach

- Communicative pedagogy, drawing on contextual and community expertise
 - Aligned to models, e.g. Universal Design for Learning, the Capabilities Approach
 - Student voice embedded throughout
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Outputs and next steps

- The first presentation had 46 learners
- Learners were overwhelmingly positive about the course and the topic
- The second presentation will run as a post-graduate course in Autumn 2020